

**Eastern Railway  
(Personnel Department)  
17, N. S. Road, Kolkata -700 001**

No. E.685/0/Pt.X

Kolkata, Dated: 21/03/2023

**All Concerned**

**Sub: Grant of Fixed Medical Allowance to Railway pensioners/  
family pensioners - reg.**

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It has been brought to the notice of this office that one of the conditions for grant of Fixed Medical Allowance (FMA) to Railway pensioners/family pensioners is furnishing proof from the Civil Authority that the concerned pensioner/family pensioner is residing beyond 2.5 kms from Railway Hospital/Health Unit. This is resulting in undue delay for grant of FMA and leading to grievances. The matter has been considered. In terms of clarification against sl. Nos.(4) & (5) of Annexure-II to RBE No. 225/2004 circulated under this office serial no.181(2)/2004, FMA should be granted only on the basis of furnishing the requisite Undertaking and no other document is required in this regard. If the system of obtaining any extraneous document other than the requisite Undertaking is in vogue, the same should be discontinued immediately.

Further, with a view to streamline the process, following course of action is advised for grant of FMA:

- a) An option either to claim FMA or to avail OPD facility in railway hospital as per para 4 of extant instructions circulated under this office serial no. 89/99, is to be obtained from all future retirees.
- b) Those who opted for OPD facility, RELHS Card may be issued as per Board's letter dated 10/07/17 circulated under this office serial no. 76/2017 after obtaining sanction of the Pension Sanctioning Authority. An endorsement may be made in the both halves of PPO accordingly.
- c) Those who opted for FMA, an undertaking as per extant format may be obtained and processed for sanction in terms of this office serial no. 134/2012, keeping in view the extant guidelines.
- d) It may be suitably incorporated in the option that only one change in option so exercised shall be allowed as per RBE No. 137/2022 circulated under this office serial no. 160/2022.
- e) Such pensioners who are included in his/her medical card and exempted from mandatory membership of RELHS are not entitled to FMA.

All other terms and conditions for grant of FMA remain unchanged.

This issues with the approval of PCPO/ER.

  
(S.K. Chattopadhyay)  
Sr. Personnel Officer/HQ  
For Pr. Chief Personnel Officer  
Phone No. 24122 (Rly.)