

Eastern Railway  
(Personnel department)

Serial No. 23/2016

No.E.369/0/Pt.III

Kolkata, 2 March 2016

All Concerned

Sub: Compassionate grounds appointment to the candidates having been  
declared medically unfit due to diabetes.

The following copy of Railway Board's letter no.E (NG) II / 2013/RC - 1/SR/15 dated 09.02.2016 along with Board's letter no.2008/H/5/18 dated 08/01/2016 is forwarded for information, guidance and necessary action.

DA-As mentioned

(K.K.Murmu)  
Asstt. Personnel Officer/R&B  
For Chief Personnel Officer

Board's letter E (NG) II / 2013/RC - 1/SR/15 dated 09.02.2016 addressed to All General Manager & others.

Sub: Compassionate grounds appointment to the candidates having been  
declared medically unfit due to diabetes.

The matter of appointment of candidates' suffering from diabetes on the Railways, through various modes including compassionate grounds has been under review of this Ministry, owing to various court cases related with the cases.

Accordingly, the matter has been considered and it has been decided that such cases may be dealt in term of Board letter no. 2008/H/5/18 dated 08/01/2016 (Copy enclosed)

(This disposes off the Southern Railway's letter no. PB/CS/30/Court case/Vol.III dated 04/05/2015 & 03/08/2015, P(R) 563/P/DRQ/Genl. dated 06/02/2015 and RDSO letter no.E-4/comp./Gr.'C'/248 (AJ).2013 dated 03/09/2013 & LC/525/2014/AJ dated 19/12/2015)

Sd/  
(Neeraj Kumar)  
Director Estt. (N)II,  
Railway Board

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Index No.1050: Compassionate grounds appointment to the candidates declared medically unfit due to diabetes - clarification thereof.

GOVERNMENT OF INDIA  
MINISTRY OF RAILWAYS  
(RAILWAY BOARD)

No.2011/H/5/18

New Delhi, 08/01/2016

General Manager  
All Indian Railways (Including Pus & RDSO)

Sub: Fitness of candidates including cases of compassionate ground appointments, PwD  
(non-gazetted) & Land losers etc. found diabetic in first medical examination.

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In the recent past, it was observed that in a number of cases, especially in cases of compassionate ground appointment, Hon'ble Courts have ordered that the candidates suffering from Diabetic Mellitus are to be taken in the Railway service even though they declared unfit for Railway Services by the Competent Medical Authorities. The Hon'ble Courts in their various judgments have held that Diabetic Mellitus is not a disease. Keeping in view the persistent observations coming from Hon'ble Courts, a three member Committee was constituted to examine the issue.

The Committee has recommended the following parameter for diagnosing Diabetic Mellitus and deciding of fitness candidates:-

|   |  |                                  |
|---|--|----------------------------------|
| 1 | Fasting Plasma Glucose Level                 | More than or equal to 126 mg/dl. |
| 2 | Two hours post-Prandial Plasma Glucose Level | More than or equal to 200 mg/dl. |
| 3 | Hb A 1 C                                     | More than or equal to 6.5 mg/dl. |

In view of the above established facts the following procedure for deciding medical fitness of candidates suffering from diabetic conditions (diagnosed as per parameters) is laid down:-

1. For different of appointments including compassionate, PwD (non-gazetted) etc., candidate if found diabetic in First examination (as per above parameters) should be re-examined.
2. Re-examination would be done by a "THREE MEMBER MEDICAL COMMITTEE" comprising of one physician of P.G. qualification/Endocrinologist if available; one Ophthalmologist & headed by a SAG medical officer of divisional/zonal hospital. Recommendation of the Committee will be accepted by CMS/MD/CMO/ACMS in-charge as the case may be.
3. Purpose of re-examination will be the thorough clinical evaluation and investigation to rule out any complication of Diabetes or involvement of any End Organ.
4. If some investigations have to be performed for which the facility is not available in-house, the same should be arranged from recognized private labs/clinic & the charges for the same are to be paid by the candidate only.
5. If there is no complication or involvement of End Organ, the candidate will be declared "FIT IN CEY ONE OR BELOW".
6. Establishment Directorate has to readjust those candidates as per available vacancy.

This has the approval of Board (MS).

Sd/  
(R.S.Shukla)  
Joint Director (Health)